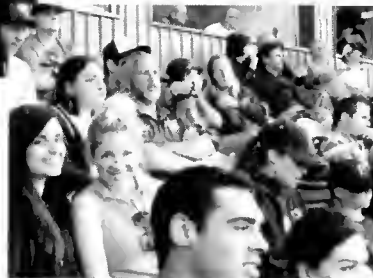




Bulletin

of the Mahoning Valley Medical Society
Second & Third Quarters 2017

2017



Bulletin

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The Bulletin reserves the right to edit all contributions for clarity and length, as well as to reject any material submitted, including advertisements.

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Correspondence and changes of address should be mailed to the above address.

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Calendar

December 25, 2017

Christmas, Office Closed

December 31, 2017

New Year's Eve

January 16, 2018

Installation Dinner,
Michael Alberini's Restaurant

March 3, 2018

Alliance Champagne Brunch &
Fashion Show, Mr. Anthony's

April 13 -15, 2018

OSMA Annual Meeting,
Columbus Hilton Easton

April 20, 2018

Doctors' Day Celebration,
Hollywood Gaming at Mahoning Valley Racecourse

May 1, 2018

MVMS Annual Meeting,
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Time To Reflect



It's fall again and it's time to reflect on the year that is quickly slipping away. It's time to enjoy the cooler yet comfortable weather; the kids returning to school and a more normal routine to their lives; and maybe most importantly, it's time to enjoy the return of football! Shout out to BIG BLUE!!!!

Now that I've gotten that out of my system, let's think about what has happened in our world recently. We have sustained at least three major natural disasters in hurricanes Harvey and Irma and the wildfires on the west coast. Protests turned to riots and violence in Charlottesville and St. Louis have opened deep wounds. The missile launches in North Korea have the entire world on edge. We have several health care bill proposals on the floor of the senate that look very different with no cohesion amongst our elected officials. We saw a fellow physician murdered for not writing a patient a prescription for opioids.

We have many complicated "issues" on our plate with no simple answers. It is going to require us to come together, for all of us to become engaged in the process, and to "try" and find some solutions. It is not going to be easy. There will be some disagreements as often times there is more than one way to skin a cat (or fetal pig as we should all remember from comparative anatomy class) so we will have to learn to compromise. Unfortunately we WILL make mistakes along the way, more if we fail to work together.

Not all is bad. We have the harvest coming! We will soon have apple "everything" from our favorite local orchards. Pumpkins are showing up in the grocery stores and at the farm markets. The corn maze is opening soon! Ohio hunting season is underway and deer season is right around the corner. Golf season is alive and well still for those who love fall golf. Oktoberfest and the beverages that come with it are here to enjoy. And high school and college sports are back along with the NFL, MLS, NHL, and the start of the playoffs in the MLB. NBA and college basketball are just around the corner. Christmas is only a little more than 3 months away! It's my favorite time of the year, and I hope we all take the time to enjoy it and remember why we put the hard work in each day; so we can enjoy 'life, liberty, and the pursuit of happiness.'

I hope you all have a wonderful fall! Just don't think about winter yet!!!!

A handwritten signature in black ink, likely belonging to Sean T. McGrath, MD. The signature is stylized and cursive, with a long horizontal line extending to the right.

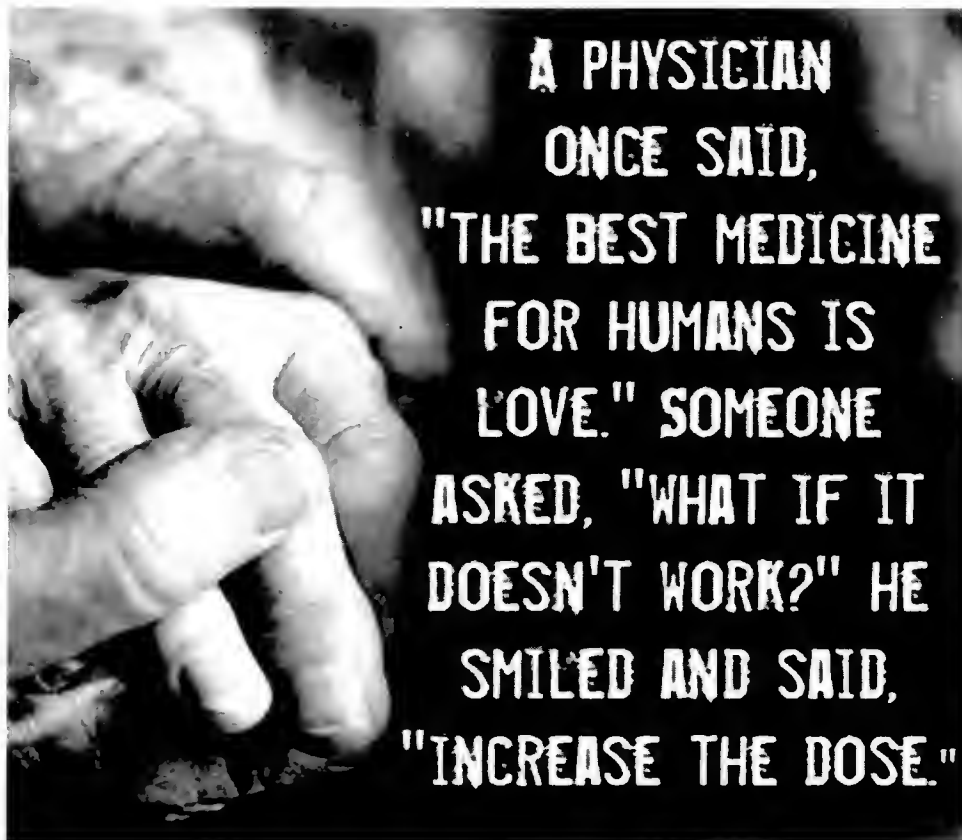
OPPORTUNITY



"The meaning of life is to find your gift. The purpose of life is to give it away." Pablo Picasso

We are all given a great opportunity and honor serving as physicians in our community. Many physicians often feel disgruntled with the burdens of our current continual changes in healthcare. Changes are continually occurring with hospital systems, insurance systems, private practice, and electronic medical records which are often burdensome. When I stop to remember that each patient is a gift, I am reminded of our value as physicians to listen and serve with compassion. We all have great purpose.

Thomas J. Traikoff DO



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Internship: Western Reserve Health System, Youngstown, OH
Residency: Western Reserve Health System, Youngstown, OH

Anthony M. Boulos, MD
Pulmonary/Critical Care

Eastern Ohio Pulmonary Consultants
960 Windham Court
Youngstown, OH 44512

Medical Education: NEOMED, Rootstown, OH
Internship: Canton Medical Edu. Foundation
Residency: Aultman-Mercy, Akron, OH
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Ali Hassan, MD
Nephrology

Associates in Nephrology
970 Windham Ct.
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Question: *What financial investment can you make that will assure your family of replacement money if you die prematurely and yet build substantial cash values for your use as you live?*

If you answered **Life Insurance**, you're correct!

As markets ebb and flow guaranteed value whole life insurance offers protection unlike any other investment vehicle and has become an integral part of a professional's investment portfolio. It is an asset builder, family protector, credit backup, business equity product, college money vehicle, and much, much more.

In many cases, young professionals opt for inexpensive term insurance to provide an immediate estate for their families if premature death takes place. These are fine products that do exactly what their intended use is. The reality is that everyone is living longer and the guaranteed premiums offered in 15, 20 and 30 years plans often expire with unaffordable premiums that arrive after the guarantee period ends. Many at this point, discontinue the valuable protection under these policies and all monies paid over the years is lost. At this time in their lives, medical problems can arise, aging has taken place, premiums are much more expensive and often, a physician looks back wishing that a different type of product had been acquired earlier in their careers.

Whole life coverage in comparison, rewards the long time investor with cash values, oftentimes, in excess of what was paid in, family protection over the years, and options that are available to meet life's volatile issues.

After a lifetime of work, assets grow and the life policy the physician invested in is used to pass as much as possible to her/his heirs. Substantial cash buildup can also be used to fund other coverage that protects the estate even further.

It is a good idea to investigate what long term advantages a personal whole Life Insurance policy has for the physician. Getting educated about the current uses of a whole life policy and what it can do for you and your family may be the best research you've ever done!

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Give a Gift to Honor or Remember

The Mahoning County Medical Society Foundation has recently taken steps to change the medical student loan program that has existed for many years to a scholarship program for medical students from the Mahoning Valley. The criteria for these scholarships remain essentially the same as the loan program. They are:

1. Resident of Mahoning or Trumbull Counties
2. Completion of two years of medical school, in good standing.
3. Nomination by the dean of the medical school, or equivalent.
4. Need, as determined by the dean and the Foundation Board.
5. Scholastic achievements, leadership, and community service.

Each nominee will be interviewed by the Foundation Board. Letters will be sent to all Ohio and Western Pennsylvania schools of medicine and osteopathic medicine asking for nominations. It is hoped that the Foundation will be able to award two scholarships in 2018 for \$10,000 each. Recipients will be invited to the MVMS Annual Meeting in May to receive their awards.

To fund this scholarship program, the Foundation will solicit donations from Medical Society members, connect with local community foundations, enlist the help of the Mahoning County Medical Society Alliance to hold fundraisers, and hold this annual Holiday Honors program. Please use the form below to send your tax-deductible contribution in honor of or in memory of a physician or family member. *Thank You!*

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IN MEMORIAM

John J. "Jake" Turner, MD

November 17, 1925 ~ August 12, 2017

Bits 'n' Pieces

2018 Membership Dues are due by December 31, 2017. If you have not already paid your dues, please do so by the deadline. Eligible Mercy Health physicians will be reimbursed by Mercy for their membership dues.

Mahoning County Medical Society Foundation will not be offering medical student loans this year. We are in the process of revising the program to grant scholarships instead of loans. We are anticipating that this will be accomplished within the next six months. We will be accepting contributions to the Foundation from Society members in honor of or in memory of physicians and family members. Please see the article in this issue on the Holiday Honors program we are instituting this year and use the form in the article to send your donation. The Foundation is a 501(c)(3) corporation so your contributions are tax deductible.

Dr. David Reed has retired from practice effective November 15, 2017.

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